

# “United we Play 😊!”

An Erasmus+ & YMCA Parthenope ONLUS

Intercultural Youth Exchange

3<sup>rd</sup> – 14<sup>th</sup> December 2019

Fragneto Monforte, Benevento, Italy

Dear Friends,

We invite you to live this **creative adventure** with us!

The 12 days program (travel included) will take place in Fragneto Monforte, a town in the South of Italy.

In this letter You will find all you need to know about its goals, programme and information about the practical arrangements.

We will gladly answer all your questions!

Looking forward to meeting You in Italy!

## About this intercultural youth exchange...

"United we Play 😊!" expresses the main belief of the 7 inclusive organizations gathered in this partnership: that we achieve better results and higher satisfaction when having cooperative and integrated groups of young people (with a special focus for blind and visually impaired) who create and join artistic activities and educational workshops based on dialogue, games, music & arts.

The specific themes of this youth exchange are:

- 1) "Inclusion & equity"
- 2) "Health & Well-being"
- 3) "Creativity & Culture".

We will hold workshops dedicated to cooking meals, interviewing activities, sound design collection, home-keeping, art performances, work enhancement through our dedicated platform, community engagement and evening games with music & art.

We will also visit the Italian local heritage to reflect on cultural background and realise what opportunities are around us and can inspire the young participants.

To be concise, our objectives are:

1. Take care of participants through workshops of health, well-being & inter-culture.
2. Break stereo-types and shed light on the participating countries & people.
3. Offer participants the opportunity to prepare, lead and evaluate group activities also while keeping in mind potential work occupations.
4. Inform participants about further opportunities provided by the Erasmus+ Sub-Programmes: YOUTH (intercultural exchanges, volunteering, training courses), VET vocational working training abroad; UNIVERSITY study abroad.
5. Spread healthy values such diversity, brotherhood, inclusion, sharing, well-being.
6. Promote non formal education, very functional for youth activation.
7. Invest in the follow-up activities brainstormed and structured by participants.

## Who can participate

The project “United we Play ☺!” is an intercultural youth exchange involving 28 young people, aged up to 30 years old from Albania, Bulgaria, Greece, Italy, Montenegro, Serbia & Turkey. They are:

1) Boys and girls (50% visually impaired, 50% accompanying volunteers), following a formal study path but also loving the informal learning typical of youth associations and the workshops organized by them. In this intercultural exchange the youth interests and needs orbit the themes of health, well-being and inter-culture meant also as future occupation on the long run, hopefully after studying.

2) Boys and girls, (50% visually impaired, 50% accompanying volunteers), who have completed their statutory education and are now searching for an occupation or are carrying out temporary or seasonal jobs and are actively participating in the associational life and its workshops. In this intercultural exchange the youth interests and needs orbit the themes of health, well-being and inter-culture meant as future occupation on the short and medium run.

7 group leaders will be accompanying and coaching each international group.

Country:	Partner:	How many:	E-mail address:
Albania	Joshua Mission Foundation	4+1	arjanemini@gmail.com
Bulgaria	The change is in you	4+1	stanimir.chukov@gmail.com
Greece	Break the Borders	4+1	argyrokaravinou3@hotmail.com
Italy	YMCA Parthenope ONLUS	4+1	info@ymcaparthenope.eu
Montenegro	Union of the Blind of Montenegro	4+1	savezslijepihcg@gmail.com
Serbia	Cultural Center of the Youth Vojvodina	4+1	kcmv.udruzenje@gmail.com
Turkey	System and Generation Association S&G	4+1	systemandgenerationoffice@gmail.com

## Where

The project will take place in Fragneto Monforte (Benevento), about 90km from Naples. The accommodation is a municipal structure that already hosts artists, hot-air balloon pilots and young people; the address is Via Amedeo, 4, CAP 82020, Fragneto Monforte (Benevento).

Rooms can host from 3 to 6 people and have bathrooms and showers in the corridors. Part of the project starts from leading activities inside the structure and complete them outside in the town of Fragneto Monforte with the community.

Therefore we invite to consider this place as a home and cradle of our inspiration.



### Helpful numbers:

112 General Emergency (European Number)

118 Ambulance

+39 347 4973298 Doctor Raffaele Caputo

+39 340 7821363 Gianluca Iacuvella, YMCA Parthenope ONLUS

## How to get here

Please buy your ticket ONLY after you get the confirmation from us!

How to get to Fragneto Monforte?

First of all, it is essential to know what time you land in Italy. We strongly advise you to land in the morning. Here are the most common routes:

### **1) STRONGLY ADVISED From the Airport in Naples (Napoli)**

you can take the bus (ALIBUS) to the train station “Napoli Centrale”, there you can find the Regional TRENITALIA train or bus (EAV) to Benevento (about 1 hour trip). From Benevento you can reach Fragneto Monforte by bus ( Mot.Tam) .

<http://www.mottam.com/>

<http://www.trenitalia.com/>

<http://www.eavsrl.it/web/it/content/orario-autobus>

### **2) From both the Airports in Rome (Ciampino or Fiumicino)**

you can take the TRENITALIA train or TERRAVISION bus to Roma Termini Train station. In Roma Termini you can take the train to reach Benevento Centrale in about 3 hours. From Benevento you can reach Fragneto Monforte with a bus Mot.Tam.

<http://www.mottam.com/>

<http://www.terravision.eu/>

<http://www.trenitalia.com/>

### **3) From Fiumicino Airport only in Rome**

you can take the TRENITALIA train to Roma Tiburtina Train station. Exit in Roma Tiburtina Bus station and take the direct MAROZZI or FLIZBUS buses reaching Benevento in about 3 hours. From Benevento you can reach Fragneto Monforte by bus Mot.Tam

<http://www.mottam.com/>

<http://www.trenitalia.com/>

<http://www.marozzivit.it/web.aspx>

<http://www.caputobus.it/>

### **Contact numbers to call on arrival:**

Gianluca Iacuvella 0039 340 7821363 & Giampaolo Vicerè 0039 338 7867309

Please feel free to ask us if you need advice about any travel arrangements ☺

## The financial conditions

Food, accommodation and project costs are fully covered and free for the participants.

As for the travel, the Erasmus+ program makes reimbursements according to distance.

It is officially up to € 275 (maximum) per person coming from Bulgaria, Greece, Serbia & Turkey whereas it is up to € 180 (maximum) per person coming from Albania & Montenegro. However, if all partners agree, as travels from Albania and Montenegro can be more expensive than the official allocated sum, we suggest to share the resources and allocate to everybody a reasonable travel reimbursement of € 245.

Also, please ensure that you have a travel insurance for the project, it can be included in the plane tickets and total travel costs if you are a non EU-country or you can carry with you a EU medical insurance card, free of charges. Here is a sample of an Italian medical insurance card. Participants from Turkey can ask us to apply for visa, if necessary. For this, they will be entitled to an extra € 80 maximum per person.



Very important: your tickets are a proof of your travel that we must keep and present to the ERASMUS+ Program, the main funders of the project. If you cannot provide your original tickets and invoices clearly stating the travel company, your name, all the trip details and the exact costs covered, we will not be able to reimburse you.

## What to bring

- Passport or other official identification
- Tickets & insurance
- Comfortable clothes for living outdoor & indoor (no washing facilities available)
- A towel
- A gift mug to exchange in the group as a sign of friendship & cut down on plastic.
- Electricity adaptor
- Your own Art Kit (musical instruments, sound design recorder, costumes, etc.)
- Something typical for your national evening (sweets, drinks, special items, etc.)
- A recipe with relevant ingredients for a traditional dinner to cook in Italy
- A black t-shirt, a pair of black trousers, a pair of black shoes (no jeans, no logos)
- Smiles, willingness and unconditioned good mood 😊!



## How to Apply

If you want to join us in this project, send your application form to Gianluca Iacuvella [luca2310@hotmail.com](mailto:luca2310@hotmail.com) and Giampaolo Vicerè [silvmari@libero.it](mailto:silvmari@libero.it).

You will find the application form in a separate attachment with this info-letter.

## We are looking forward to meeting You in Italy!

See you soon, the YMCA Parthenope ONLUS Team ☺ !





## THE PROGRAMME SCHEDULE

	03 DEC, TUE	04 DEC, WED	05 DEC, THU	06 DEC, FRI	07 DEC, SAT	08 DEC, SUN
<b>9.00</b>	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<b>10.00</b>		Official Opening	Town Hall Welcome	Ice-breaker	Visit to Benevento	Visit to Napoli
		Name Story-telling	Break	Art-Music Workshop	Archeology Tour	Archeology Tour
		Team building	Art-Music Workshop	Break & Art Part II	Meeting the locals	Meeting the locals
<b>13.00</b>		Sharing session	Sharing session	Sharing session	Sharing session	Sharing session
<b>13.30</b>	LUNCH & SIESTA	LUNCH & SIESTA	LUNCH & SIESTA	LUNCH & SIESTA	LUNCH & SIESTA	LUNCH & SIESTA
<b>16.00</b>		CookingBG Interviews	CookingIT Interviews	CookingGR Interviews	Visit to School of Art	Visit to School of Art
		Homekeeping EveBG	Homekeeping, EveAL	Homekeeping, EveIT	"Alma d'Arte"	"Filangieri"
		Sound, Web, Environ.	Sound, Web, Environ.	Sound, Web, Environ.	Art Workshop	Art Workshop
<b>19.00</b>		WorkshopsEvaluation	WorkshopsEvaluation	WorkshopsEvaluation	Youth Pass Space	Youth Pass Space
<b>19.30</b>	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<b>21.00</b>	Arrivals & Pick-up	International evening	International evening	International evening	Socialising	Socialising
	Welcome & Settling	dedicated to:	dedicated to:	dedicated to:	Free Time	Free Time
	Safety procedures	Bulgaria	Albania	Italy	Informal time	Informal time
	09 DEC, MON	10 DEC, TUE	11 DEC, WED	12 DEC, THU	13 DEC, FRI	14 DEC, SAT
<b>9.00</b>	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<b>10.00</b>	Ice-breaker	Stretching	Ice-breaker	Preparation of	Public Event:	Preparation
	Walk & Meeting	Art-Music Workshop	Art-Music Workshop	Public Event:	"United we Play☺!"	Farewell
	"Samniun" School	Break & Art Part II	Break & Art Part II	"United we Play☺!"	for Local School	Logistic Support
<b>13.00</b>	Sharing session	Sharing session	Sharing session	for Local School	Sharing session	Departures
<b>13.30</b>	LUNCH & SIESTA	LUNCH & SIESTA	LUNCH & SIESTA	LUNCH & SIESTA	LUNCH & SIESTA	
<b>16.00</b>	CookingME Interview	CookingTR, Interview	CookingAL, Interview	CookingSR, Interview	Erasmus+ Program	
	Homekeeping EveGR	Homekeeping EveME	Homekeeping EveSR	Homekeeping EveTR	Follow-up workshop	
	Sound, Web, Environ.	Sound, Web, Environ.	Sound, Web, Environ.	Sound, Web, Environ.	Final evaluation	
<b>19.00</b>	WorkshopsEvaluation	WorkshopsEvaluation	WorkshopsEvaluation	WorkshopsEvaluation	Youth Pass Award	
<b>19.30</b>	DINNER	DINNER	DINNER	DINNER	DINNER	
<b>21.00</b>	International evening	International evening	International evening	International evening	Free time	
	dedicated to:	dedicated to:	dedicated to:	dedicated to:	Farewell party	
	Greece	Montenegro	Serbia	Turkey	Music	